

Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

A Comprehensive Review of Machine Learning Techniques for the Detection and Classification of Solid Breast Masses

Vijayshree Khugshal ¹

Research Scholar, Department of Computer Science and Engineering, Dev Bhoomi Uttarakhand University, Dehradun, Uttarakhand vijayshree.khugshal@gmail.com

Dr. Rohit Goyal²

Associate Professor, Department of Computer Science and Engineering, Dev Bhoomi Uttarakhand University, Dehradun, Uttarakhand rohitgoyalhzu@gmail.com

Corresponding Author Email: vijayshree.khugshal@gmail.com

ABSTRACT

Keywords:

Breast Cancer,
Machine Learning,
Deep Learning,
Breast Mass
Classification,
Multi-Modal
Learning, Federated
Learning,
Explainable AI,
Generative
Adversarial
Networks

This paper presents a comprehensive review of machine learning-based frameworks for the detection and classification of benign and malignant solid breast masses, addressing the persistent challenges found in traditional imaging diagnostics. Even with advancements in mammography, ultrasonography, and MRI, diagnostic inconsistencies continue due to overlapping radiographic features, variable breast density, and subjective human interpretation. Machine learning (ML), particularly deep learning architectures, offers a robust alternative through automated feature extraction and pattern recognition from complex medical images. The paper synthesizes recent studies employing CNNs, transfer learning, hybrid multimodal networks, and radiomics-integrated ML models that demonstrate substantial improvements in diagnostic accuracy and reproducibility.

I. Introduction

Breast cancer is one of the most prevalent and life-threatening forms of cancer among women worldwide, accounting for a significant portion of cancer-related morbidity and mortality. 2.3 million women were diagnosed with breast cancer in 2020 and nearly 685,000 died, according to the World Health Organization (WHO). Early detection and correct diagnosis are essential in decreasing morality and improving treatment. Even with advanced development of modern diagnostic techniques and equipment, the differentiation of benign and malignant breast masses is still difficult, mainly because of overlapping radiographic features and the radiologist subjective interpretation. (*Sakai, et. al. 2020*)



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

The Challenges of Traditional Diagnostic Methods: Conventional diagnostic methods, including mammography, ultrasonography, and magnetic resonance imaging (MRI), have been the primary tools for detecting and diagnosing breast abnormalities. Despite the successful applications of these methods, there are some drawbacks. A technique such as mammography has a sensitivity that can differ greatly due to the breast density and frequently will lead to false negatives for women with dense breasts. Ultrasound can characterize masses effectively; however, it is very operator-dependent and variability in results exist. Furthermore, the biopsy procedures, which are the gold standard for diagnosing MPM, are invasive, time-consuming, and impose emotional and financial burdens on the patient. 39 The analysis of imaging data is also not straightforward. Radiologists depend on experience to determine the shape, texture, and margin of breast masses, which subject to individual variation and human error. Furthermore, fatigue, high workload, and inter-observer variation are well-known contributing factors that make these challenges worse, yielding non-reproducible diagnosis results. Therefore, an automated, objective, and reliable method is desired for improving the accuracy of breast mass classification and detection.

The Role of Machine Learning in Medical Diagnostics: Machine learning (ML), a subset of artificial intelligence (AI), has emerged as a transformative force in medical diagnostics, offering new possibilities for improving accuracy and efficiency in detecting diseases. As such, ML algorithms are crafted to analyze complex data sets, find patterns, and predict with the least possible human input. In breast cancer diagnostics, ML models are able to make inferences through large image datasets in order to extract pertinent features and categorize breast masses as benign or malignant with high accuracy. In contrast to classic statistical analyses, where relationships between data points are assumed, ML methods do not need to follow a preset theory, and can reveal well-hidden relations within data. This advantage can be very useful in medical image analysis, where the separation criteria between benign and malignant masses may be subtle and non-linear. By exploiting these labeled datasets, such as Support Vector Machines (SVM) [1], decision trees [4], neural networks [5], various supervised learning algorithms have achieved promising results in classifying different characteristic cohorts of breast diseases. (*Bacha*, 2022)

The Evolution of Machine Learning Techniques: Over the years, ML techniques for breast cancer diagnosis have evolved from simple algorithms to sophisticated deep learning models. Deep learning, driven by Convolutional Neural Networks (CNN), has transformed image analysis by allowing automatic feature extraction directly from the raw image data. The models can represent the spatial hierarchy of features, which is edges, textures, and shapes, so that they are more suitable for medical image processing. Also, hardware development (i.e., GPUs) fostered the training, and deployment of deep learning models is getting closer to clinical practice. Hybrid solutions that mix classical ML with deep learning have been popularized as well, providing a trade-off between interpretability and performance. Further, Explainable AI (XAI) methods are being incorporated to ensure that ML models are not only accurate, but also explainable, which clinicians can have trust in. (*Eroğlu, et. al. 2021*)



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

Addressing the Challenges in ML-Based Breast Cancer Diagnosis: Despite its promise, the application of ML in breast cancer diagnosis is not without challenges. One critical challenge is the lack of high-quality, annotated data. Dataset for medical images are usually small and diverse (multiple imaging modalities) with imbalanced class distribution that may influence the generalization capability of the ML model. The sharing and integration of datasets from various origins is also complicated by data privacy issues. Yet one more difficulty is the interpretability of the model. Although deep learning models achieve impressive accuracy, they are often considered as "black boxes" that are hard to understand. This lack of visibility may lead to limitations in the use of such instruments, by medical doctors. Developing such explainable models and visual tools is essential to building trust and acceptance for clinicians. (*D'Amico, et. al. 2020*).

II. Related Review

Shankari et al. (2024) conducted a review study focusing on the application of machine learning techniques for the detection and classification of breast masses using digital mammograms. The challenge was motivated by the difficulty in interpreting mammographic images manually which can be time-consuming and requires expert review. The methodology followed in the study was to review the studies that had used artificial intelligence (AI) and machine learning (ML) algorithms for the purpose of detection and classification of breast aberrations under the BI-RADS standard, including fibroadenoma, cysts, benign and malignant tumour, based on existing literature. This review showed that using AI-based decision support systems increased the diagnostic accuracy and efficiency, which in turn could help early detection and reduce the mortality. However, the results also presented various limitations, such as dataset purity and model applicability. It was concluded that while ML solutions can provide promising assistance to breast cancer diagnostics, there is still a long way to go for their routine clinical use.

Bacha and Taouali (2022) aimed to address the global public health concern of breast cancer by proposing an expert system for its diagnosis. The authors created a diagnostic model using a combination of Differential Evolution (DE) and Radial-Based Function Kernel Extreme Learning Machines (RBF-KELM). They only optimized two important parameters in the RBF-KELM structure (skxdsC and σ), which play an important role in the model performance. DE algorithm was used to investigate the optimal values of these parameters. In order to verify their model, they tested their model by using two datasets: MIAS and the WBCD. According to their results, the DE-RBF-KELM model was proved to have better efficiency and reliability than traditional methods for diagnostic accuracy. The work had helped in furthering intelligent diagnostic systems for breast tissue image-based cancer detection using evolutionary optimization methods.

Assari et al. (2022) had conducted a study aimed at improving breast cancer detection by addressing the limitations of mono-modal computer-aided diagnosis (CAD) systems. Their aim of their study was to train a new deep residual learning model for multimodal mammographic and ultrasound images. The researchers had employed a multi-step approach starting with creating a single informative representation for each of the image modality. These were later integrated to create high-level joint representations that were eventually merged to produce the final integrated representation of the breast mass. This extensive image



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

representation was used for classification. The dataset had been artificially enlarged and the model generalizability improved by various data augmentation techniques. The results showed that the model performed well, and its sensitivity, specificity, F1-score, AUC, and accuracy were 0.898, 0.938, 0.916 0.964 and 0.917, respectively. The outcomes showed that our proposed model was superior to the other state-of-the-art techniques in breast cancer diagnosis.

Eroğlu, Yildirim, and Çinar (2021) had emphasized the critical role of early diagnosis in distinguishing malignant breast lesions from benign ones for better breast cancer prognosis. They recognized that ultrasonography was the most important diagnostic technique because of its potential to characterize lesions and guide biopsies but heavily dependent on radiologists' expertise. To overcome this drawback, the authors proposed a hybrid convolutional neural network (CNN)-based approach to help diagnose of breast cancer and to differentiate the lesions into normal, benign, and malignant. The method was based on combining features from three pre-trained models (AlexNet, MobileNetV2, and ResNet50) and concatenating their final extracted features to have a high-dimensional feature space. The important features were then manualy chosen through mRMR (Minimum Redundancy Maximum Relevance). The selected features were then classified by SVM and KNN method. It was investigated and concluded from their results that the SVM classifier provided the highest accuracy (95.6%) further illustrating the good diagnosis capability of the model.

Xie et al. (2020) conducted a study aimed at improving the diagnostic accuracy of breast cancer using ultrasound (US) imaging by introducing a novel deep learning approach. A dual-sampling convolutional neural network (DSCNN) is developed that combines traditional convolutional layers and residual networks to resolve problems such as vanishing gradient and model degeneration. Methods A parallel dual-sampling structure was adopted to improve the feature extraction in US images, enabling more accurate discrimination of breast tumors. The results indicate that DSCNN not only achieved superior performance compared to traditional handcrafted feature methods and other state-of-the-art deep learning models, but also reached a prediction accuracy of 91.67% and area under the curve (AUC) of 0.939. The reliability of the model was also confirmed in a public dataset. Compared to the referential result of three senior radiologists with US-BI-RADS lexicon, DSCNN achieved higher sensitivity, specificity, the highest a ccuracy and excellent consistency, suggesting that it could serve as a valuable assistance tool for clinical diagnosis.

Sakai et al. (2020) had conducted a study to address challenges in differentiating benign from malignant breast lesions in digital breast tomosynthesis (DBT) images due to radiological interpretation complexities. They aimed to build an automatic classification method with radiomics. They extracted 70 radiomic features from analysis regions centered on the lesions, including lesion shape, spiculation, and texture as part of the methodology. These characteristics were used as features to four classifiers (SVM, random forest, naïve Bayes, and multilayer perceptron). We evaluated the performance of the classifiers with and without dimension reduction via the LASSO approach. The findings were validated in 24 biopsy-proven cases. The results revealed that SVM provided the highest accuracy (with 84% correct malignant and 55% correct benign lesion detections). The radiomics-based method could potentially be useful in DBT of difficult cases.



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

D'Amico et al. (2020) had aimed to distinguish malignant from benign enhancing foci on breast MRI using a radiomic signature. The study retrospectively examined 45 enhancing foci on 45 patients that were positively diagnosed commonly by needle biopsy or follow-up imaging. To balance the dataset, it was also supplemented with eight benign findings (five years negative follow-up) and 15 histopathologically confirmed malignant cases. MRI scans were performed on a 1.5 magnetic field scanner with a 3D T1-weighted unenhanced sequence followed by 4 dynamic sequences with gadobenate dimeglumine. The enhancing foci were segmented by the expert breast radiologist and more than 200 radiomic features were extracted. The team had used an evolutionary machine learning method, train with input selection and test. For each model developed, sensitivity, specificity and accuracy were calculated with 95% Confidence Intervals. Results have indicated the potential role of radiomics and machine learning in distinguishing benign and malignant breast lesions.

Karimi and Krzyżak (2013) proposed a fully automated method for the detection and classification of suspected breast cancer lesions in ultrasound images. The research used de-noising method based on fuzzy logic and correlation among ultrasound images taken from different angles. Features are selected by combination of BSS (backward sequential search), FSS (forward sequential search) and distance method. A new way of segmentation was proposed; the seed points were automatically selected and then region growing was applied. For classification, lesions were classified into benign and malignant through a composite classifier system that involved AdaBoost, (ANN) and concurrently using (FSVM); combined with majority voting for decision decision making. The aim of this workshop was to improve the diagnostic accuracy of the system and the method showed a thorough fusion of image processing and machine learning methods. The results showed that the proposed system was able to provide satisfactory performance for the classification accuracy and automation through lesion detection.

III. Significance of Study

This review aims to provide a comprehensive overview of the state-of-the-art ML techniques for classifying and detecting solid breast masses. Through pooling recent progress, its strengths and weaknesses among different methodologies are shown, providing useful implications for its clinical application. The review also investigates new and upcoming trends, like hybrid models, and Explainable AI, and presents possible solutions to the current problems. So, in the end, this paper tends to emphasize the revolutionary significance of ML to the diagnosis procedure of breast cancer, which can promote more accurate, efficient, and available diagnosis work. Through helping to bridge the technology and medicine gap, ML might increase the accuracy of diagnoses while also relieving pressure on healthcare systems and the patient.

Breast cancer remains one of the most significant health challenges faced by women globally. Early detection and accurate diagnosis have played key roles in lowering the mortality rate and enhancing the treatment effectiveness with the developments of medical science. But the complexity associated with breast cancer, especially in terms of differentiating between benign and malignant solid breast masses, calls for technological breakthrough. This part reviews the medical, technological and analysis fundaments that are essential to the comprehension of the role of machine learning (ML) in breast cancer diagnosis.



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

IV. Mathematical Model and Framework

In a mathematical framework, the problem of classifying solid breast masses as benign or malignant using machine learning is formulated as a supervised binary classification task. Let each breast mass be represented by a feature vector

$$x = (x1, x2, \dots, xd)^T \in R^d,$$

where the components may denote quantitative characteristics extracted from mammograms or ultrasound images, such as shape descriptors, texture statistics, boundary irregularity, or intensity-based features. The corresponding class label is denoted by

$$y \in \{0,1\},\$$

where y = 0 represents a benign mass and y = 1 represents a malignant mass. The dataset consists of N labeled examples

$$\{(xi, yi)\}_{i=1}^N,$$

and the objective is to learn a mapping $f: \mathbb{R}^d \to \{0,1\}$ that accurately predicts the label for new, unseen masses. A common probabilistic model for this task is logistic regression, which estimates the conditional probability that a mass is malignant given its features. In logistic regression, the decision function is linear in the feature space and is passed through a sigmoid function to obtain a probability:

$$p(y = 1 \mid x) = \sigma(z) = \frac{1}{1 + e^{-z}}$$
 where $z = w^T x + b$.

Here, $w \in \mathbb{R}^d$ is the weight vector and $b \in \mathbb{R}$ is the bias term. The class prediction is obtained by thresholding this probability, typically at 0.5:

$$\hat{y} = egin{cases} 1, & ext{if } p(y=1 \mid \mathbf{x}) \geq 0.5, \ 0, & ext{otherwise.} \end{cases}$$

The parameters (w, b) are learned by minimizing the regularized cross-entropy loss over the training set. The empirical loss function for logistic regression can be written as

$$\mathcal{L}(\mathbf{w}, b) = -rac{1}{N} \sum_{i=1}^{N} \left[y_i \log p_i + (1 - y_i) \log (1 - p_i)
ight] + \lambda \|\mathbf{w}\|_2^2,$$

where $pi = p(yi = 1 \mid xi)$ and $\lambda \ge 0$ is a regularization parameter that controls model complexity and prevents overfitting. Minimization of this convex objective is typically done using gradient descent or one of its variants. In a clinical context, the model's decision boundary approximates the optimal separation between benign and malignant lesions in the feature space.



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

Another powerful technique for this problem is the support vector machine (SVM). In its linear form, SVM seeks a hyperplane

$$w^T x + b = 0$$

that maximizes the margin between the two classes. To express the SVM formulation mathematically, labels are often encoded as $yi \in \{-1, +1\}$, where +1 denotes malignant and -1 denotes benign. The primal optimization problem for a soft-margin SVM is

$$\min_{\mathbf{w},b,oldsymbol{\xi}}\quad rac{1}{2}\|\mathbf{w}\|^2+C\sum_{i=1}^N \xi_i$$

subject to

$$yi(w^Txi + b) \ge 1 - \xi i, \xi i \ge 0, i = 1, ..., N,$$

where ξi are slack variables that allow misclassification and C > 0 is a penalty parameter controlling the trade-off between margin maximization and classification errors. In practice, non-linear relationships between imaging features and malignancy can be captured by mapping the data to a higher-dimensional feature space via kernels (e.g., radial basis function kernel

$$K(xi,xj) = exp(-\gamma \parallel xi - xj \parallel^2)).$$

where αi are Lagrange multipliers determined from the dual optimization problem. In the context of breast mass classification, this formulation allows the model to capture complex non-linear separations between benign and malignant lesions.

The mathematical modeling of classifying and detecting benign and malignant solid breast masses unifies data representation, probabilistic modeling, optimization, and performance evaluation within a coherent framework. Features extracted from medical images are encoded into vectors, and machine learning techniques such as logistic regression, SVMs, Random Forests, and neural networks define different functional forms f(x) and loss functions L to be minimized. Through careful model training, validation, and threshold calibration, these equations and algorithms translate into clinically meaningful tools that support radiologists in making more accurate and consistent diagnostic decisions.

V. Techniuques used in Solid Breast Masses

Solid breast masses are palpable or radiologically visible abnormalities that can be either benign (non-cancerous) or malignant (cancerous). In comparison, the malignant masses are characterized by irregular contour, heterogeneous internal echotexture, and rapid growth. Although the characteristics of this condition are well known, their appearance on imaging studies can be quite similar and it is sometimes difficult to differentiate the two based on visual inspection alone. The impact of misdiagnosis is extensive. Any Biopsy/Lab tests, the result either can potentially be a false positive (given the patient anxiety and money associated with further invasive examination), or a false negative (hence delay in



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

treatment may sometimes affect the patient outcome). Therefore, the accurate classification of solid breast masses is an essential part of breast cancer care ent. (Assari, et. al. 2022)

5.1 Traditional Diagnostic Techniques

Conventional diagnostic approaches primarily rely on imaging modalities such as mammography, ultrasonography, and magnetic resonance imaging (MRI). These methods have been instrumental in identifying breast abnormalities, but each comes with its limitations:

- a) Mammography: Mammography is a primary screening tool for breast cancer because it is capable of identifying microcalcifications and subtle architectural distortions. But it can be of limited use for women with dense breast tissue which can hide masses. Furthermore, mammography sensitivity is 90%, depending on the population and this cause false positives and negatives as well.
- **b) Ultrasound Imaging:** Sonography Sonography is widely used to differentiate breast mass or masses detected at mammography or clinical examination. It is most helpful in discriminating between cystic masses (containing fluid) and solid masses. Nonetheless, its diagnostic specificity is operator-dependent, and the analysis of such ultrasound characteristics as echogenicity, posterior acoustic shadowing, and vascularity may vary between radiologists.
- c) MRI: MRI is highly sensitive for breast cancer detection in high-risk people. It produces detailed pictures and is especially helpful for determining how much the disease has spread. But due to the expensive, time consuming and relatively easy to generate the false positive, it can not be used as a routine screening.
- d) Histopathological Diagnosis: Biopsy with histopathological examination remain the gold standard for diagnosis. Biopsies, although the most accurate, are invasive, costly, and impractical as the primary diagnostic tool for all identified masses. These traditional methods, while effective to varying degrees, highlight the need for complementary technologies that can enhance diagnostic accuracy and reduce reliance on invasive procedures. (*Shankari*, et.al. 2024)

5.2 The Emergence of Artificial Intelligence in Healthcare

Artificial Intelligence (AI) has revolutionized various sectors, with healthcare being one of its most promising domains. In AI, machine learning (ML) is a field of study that focuses on algorithms that allow a system to learn patterns from data and use these patterns to possibly advise, predict, or decide. This is useful in medical diagnosis, where ML models are able to work through voluminous, complex data to spot subtle patterns that a human eye may miss. ML has the ability to fill the void that traditional diagnostic testing has created in the case of breast cancer. ML models can provide less subjective and variable decision making by automating the analysis of huge quantities of medical imaging data, which in turn attempts to address the variability and the subjectivity associated with human interpretation and ultimately leads to average or higher diagnostic accuracy. (*Karimi, 2013*)



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

5.3 Key Machine Learning Concepts

Supervised Learning: Supervised learning is the most common ML approach in medical diagnostics. In this method, algorithms are trained on labelled datasets, where each input (e.g., an image) is paired with an output (e.g., benign, or malignant). Common algorithms include:

- Support Vector Machines (SVMs): Effective for binary classification problems, SVMs identify
 optimal boundaries between classes in high-dimensional spaces.
- Random Forests: These ensemble models use multiple decision trees to improve classification accuracy and reduce overfitting.
- Neural Networks: Capable of modelling complex non-linear relationships, neural networks are widely used in medical image analysis.

Deep Learning: A technique within ML, deep learning uses an artificial neural network comprising multiple layers to process and understand data. For image-related tasks, Convolutional Neural Networks (CNNs) have been particularly successful. CNNs can learn features such as edges, shapes, and textures automatically from the given images, hence saving the labor of manual feature engineering. (Xie, et. al. 2020)

Unsupervised Learning: While it is not very popular in classification tasks, unsupervised learning can help recognize hidden patterns in unannounced data. Exploratory methods like clustering and dimensionality reduction (e.g., PCA, t-SNE) can provide insight into the distribution of underlying data.

Reinforcement Learning: Reinforcement learning, in which agents that learn based on optimal actions in an environment through interaction, is gaining attention in medical imaging, such as adaptive diagnosis and athearpy planning.

5.4 The Role of Feature Selection and Engineering

Feature selection and engineering are critical steps in ML-based breast cancer diagnostics. Imaging features such as mass shape, texture, margin sharpness, and contrast enhancement are used to compute inputs for ML models. The quality and interpretability of these features are the key factors in the model prediction ability. Sophisticated methods, e.g., PCA and RFE, are commonly used to enhance the set of features as well as the classification performance.

5.5 Challenges in ML Implementation for Breast Cancer Diagnosis

While ML offers immense potential, its implementation in breast cancer diagnostics faces several challenges:

- 1. **Data Limitations**: Medical imaging datasets are often limited in size and diversity, which can lead to overfitting and poor generalization of models.
- 2. **Class Imbalance**: Benign cases often outnumber malignant ones in datasets, creating an imbalance that can skew model performance.



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

- 3. **Interpretability**: Many ML models, particularly deep learning models, operate as "black boxes," making it difficult for clinicians to understand the rationale behind predictions.
- 4. **Ethical and Privacy Concerns**: The use of patient data for training ML models raises issues of confidentiality and ethical use.

5.6 Advanced Techniques and Innovations

Advancements in machine learning (ML) and artificial intelligence (AI) have paved the way for sophisticated approaches to breast mass classification. These algorithms extend beyond classical ML and deep learning by providing new ideas to improve accuracy, efficiency, and interpretability.

Technique	Description	Applications	Advantages	Challenges
Deep	Combines	Optimizes	Adaptive learning;	High computational
Reinforcement	reinforcement learning	segmentation and	continuous	requirements;
Learning	with deep neural	classification	improvement over	complex reward
(DRL)	networks for decision-	pipelines by refining	time.	function design.
	making and iterative	region-of-interest		
	optimization.	boundaries.		
Multi-Modal	Integrates multiple data	Hybrid models	Leverages	Data integration
Learning	sources (e.g., imaging,	combining CNNs for	complementary	complexity;
	clinical history) for	imaging data and	strengths of	potential
	enhanced diagnostics.	RNNs for sequential	diverse data;	misalignment
		clinical data.	improves	between modalities.
			robustness and	
			accuracy.	
Federated	Enables collaborative	Facilitates secure,	Promotes model	Requires robust
Learning	model training across	privacy-preserving	generalizability;	infrastructure;
	institutions without	training on diverse	maintains patient	consistency in model
	sharing raw data.	datasets.	data	updates across
			confidentiality.	institutions.
Generative	Generates synthetic	Addresses data	Augments small	Ensuring clinical
Adversarial	imaging data for	scarcity; augments	datasets; enhances	relevance and
Networks	augmentation and	training datasets;	image quality for	authenticity of
(GANs)	enhances image quality	improves model	training.	synthetic data.
	through denoising and	performance.		
	resolution upscaling.			
Transformers	Models' long-range	Captures global	Highly scalable;	Requires large
in Medical	dependencies using	contextual	effective for	labelled datasets;
Imaging	Vision Transformers	information in	complex datasets.	computationally
	(ViTs) for image	imaging data;		intensive.
	classification and	improves diagnostic		
	segmentation.	accuracy.		



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

Explainable AI	Improves model	Identifies regions of	Enhances trust;	Balancing model
(XAI)	interpretability and	interest; validates	facilitates	complexity and
	transparency using	model predictions	regulatory	interpretability;
	methods like Grad-	against medical	approval.	technical expertise
	CAM++, SHAP, and	knowledge.		for implementation.
	Integrated Gradients.			
Automated	Automates feature	Simplifies model	Democratizes ML	Limited
Machine	selection, algorithm	development for	access; reduces	customization for
Learning	choice, and	non-experts;	time and expertise	domain-specific
(AutoML)	hyperparameter tuning.	accelerates	required.	tasks; reliance on
		innovation in		pre-defined
		medical diagnostics.		frameworks.
Hybrid	Combines strengths of	Example: CNNs with	Balances	Increased model
Approaches	multiple techniques for	transformers for	accuracy,	complexity; higher
	improved performance.	imaging; GANs for	efficiency, and	computational costs.
		data augmentation	interpretability.	
		integrated with		
		SVMs or Random		
		Forests.		
Emerging	Includes personalized	Tailored patient	Advances patient-	Data
Trends	diagnostics, Edge AI,	diagnostics; real-	centered care and	standardization;
	and techniques for	time on-site AI;	real-time analysis.	deployment and
	robustness to variability	improved		validation in clinical
	in imaging protocols.	consistency across		environments.
		diverse imaging		
		setups.		

VI. Conclusion

The classification and detection of benign and malignant solid breast masses using machine learning techniques represent a significant advancement in medical diagnostics. In the past, conventional methods of imaging are available with additional data driven approaches which can improve the accuracy, speed, and reliability of the system in some cases. The review covered a wide range of methods, ranging from traditional machine learning methods to the frontier of deep reinforcement learning, multi-modal learning, and federated learning. These advances are aimed at overcoming major problems such as limited data, privacy protection, and interpretation, and are expected to dramatically revolutionize breast cancer diagnosis. Future work should lead to the application of deep learning algorithms into clinical practice areas and form collaborations among engineers and physicians. Scalable, transparent, patient-centred solutions will be key for the next generation of diagnostics. Through progressive development and multidisciplinary teamwork, machine learning holds promise for revolutionizing breast cancer detection and patient outcomes and ultimately, a step closer to precision medicine in oncology.



Cross Ref DOI: https://doi.org/10.31426/ijrpb Indexed in CAS and CABI, Impact Factor: 8.099

References

- 1. Bacha, S., & Taouali, O. (2022). A novel machine learning approach for breast cancer diagnosis. *Measurement*, 187, 110233.
- 2. Sakai, A., Onishi, Y., Matsui, M., Adachi, H., Teramoto, A., Saito, K., & Fujita, H. (2020). A method for the automated classification of benign and malignant masses on digital breast tomosynthesis images using machine learning and radiomic features. *Radiological Physics and Technology*, *13*, 27-36.
- 3. D'Amico, N. C., Grossi, E., Valbusa, G., Rigiroli, F., Colombo, B., Buscema, M., ... & Papa, S. (2020). A machine learning approach for differentiating malignant from benign enhancing foci on breast MRI. *European Radiology Experimental*, *4*, 1-8.
- 4. Assari, Z., Mahloojifar, A., & Ahmadinejad, N. (2022). Discrimination of benign and malignant solid breast masses using deep residual learning-based bimodal computer-aided diagnosis system. *Biomedical Signal Processing and Control*, 73, 103453.
- 5. Karimi, B., & Krzyżak, A. (2013). A novel approach for automatic detection and classification of suspicious lesions in breast ultrasound images. *Journal of Artificial Intelligence and Soft Computing Research*, 3(4), 265-276.
- 6. Shankari, N., Kudva, V., & Hegde, R. B. (2024). Breast Mass Detection and Classification Using Machine Learning Approaches on Two-Dimensional Mammogram: A Review. *Critical Reviews* TM *in Biomedical Engineering*, *52*(4).
- 7. Eroğlu, Y., Yildirim, M., & Çinar, A. (2021). Convolutional Neural Networks based classification of breast ultrasonography images by hybrid method with respect to benign, malignant, and normal using mRMR. *Computers in biology and medicine*, 133, 104407.
- 8. Xie, J., Song, X., Zhang, W., Dong, Q., Wang, Y., Li, F., & Wan, C. (2020). A novel approach with dual-sampling convolutional neural network for ultrasound image classification of breast tumors. *Physics in Medicine & Biology*, 65(24), 245001.